



SNACK SHACK order online flexischools.com.au

We encourage BYO Cutlery as a sustainably option - We do offer Compostable Bamboo Forks and Spoons at 20c each

SENSATIONAL FRESH SANDWICHES AND ROLLS - Made On Site

White Hi-Fibre Bread or Wholemeal Bread, White Rolls

	Sandwich	Roll
Salad	\$4.00	\$4.70
Chicken	\$4.50	\$5.20
Chicken & Avocado	\$5.00	\$5.70
Chicken & Salad	\$5.00	\$5.70
Ham	\$4.00	\$4.70
Ham & Salad	\$4.50	\$5.20
Ham & Cheese	\$4.50	\$5.20
Ham, Cheese & Tomato	\$4.80	\$5.50
Tuna	\$4.50	\$5.20
Tuna & Salad	\$5.00	\$5.70
Egg	\$4.00	\$4.70
Egg & Salad	\$4.50	\$5.20
Cheese	\$4.00	\$4.70
Cheese & Tomato	\$4.20	\$4.90
Cheese & Salad	\$4.50	\$5.20

Optional Mayonnaise - No Charge

Salad - consists of Lettuce, Tomato, Cucumber & Grated Carrot



RIPPER WRAPS

\$5.00

Chicken Wrap	Chicken, Lettuce, Tomato, Cucumber, Grated Carrot, Tasty Cheese, Mayo
Tasty Cheese Wrap	Tasty Cheese, Lettuce, Tomato, Cucumber, Grated Carrot, Mayo
Ham Wrap	Ham, Lettuce, Tomato, Cucumber, Grated Carrot, Tasty Cheese, Mayo
Tuna Wrap	Tuna, Lettuce, Tomato, Cucumber, Grated Carrot, Tasty Cheese, Mayo

SALAD TUBS

\$5.00

Chicken & Salad	Chicken, Lettuce, Tomato, Cucumber, Grated Carrot, Tasty Cheese
Cheese & Salad	Tasty Cheese, Lettuce, Tomato, Cucumber, Grated Carrot
Tuna & Salad	Tuna, Lettuce, Tomato, Cucumber, Grated Carrot
Greek Salad	Lettuce, Tomato, Cucumber, Feta Cheese, Balsamic Dressing

Mayo or Balsamic Dressing Available on Salad Tubs

TASTY TOASTIE - White Hi-Fibre Bread or Wholemeal Bread Toasted

Cheese Toastie	\$4.00
Cheese & Tomato Toastie	\$4.50
Ham & Cheese Toastie	\$4.80
Ham, Cheese & Tomato Toastie	\$4.80
Ham, Cheese & Pineapple Toastie	\$4.80
Chicken Toastie	\$5.00
Chicken & Avocado Toastie	\$5.00
Chicken, Cheese & Pineapple Toastie	\$5.00
Cheese & Avo Toastie	\$4.50



Gyoza Mondays Only

HOT STUFF

Marinated Chicken Drumettes/Wingettes Mondays Only	3 Pack	\$3.00	Discontinued
Marinated Chicken Drumettes/Wingettes Mondays Only	6 Pack	\$5.00	Discontinued
Hot Chicken Roll - Charcoal Chicken in a White Roll, Heated		\$5.00	
Pasta with Homemade Tomato Sauce & Cheese		\$4.50	
Pasta with Homemade Tomato Sauce		\$4.00	
Pasta with Cheese		\$4.50	
Plain Pasta		\$4.00	
Pasta with Basil Pesto (Nut Free) Monday & Wednesday Only		\$4.50	
Pasta with Basil Pesto and Chicken Monday & Wednesday Only		\$5.00	
Pasta with Homemade Tomato Sauce & Tuna Monday & Wednesday Only		\$4.50	
Pasta with Homemade Tomato Sauce, Tuna & Cheese Monday & Wednesday Only		\$5.00	

SUSHI ROLLS

\$ 3.00

WEDNESDAYS ONLY

Cooked Tuna - Cooked Tuna, Cucumber, Lettuce, Mayo		
Vegetarian – Cucumber, Carrot, Avocado, Egg, Lettuce, Mayo		
Teriyaki Chicken - Teriyaki Chicken, Cucumber, Lettuce, Mayo * GF & Vegan Options Available		

Soy Sauce only available by collection from the reusable bottle in the canteen

YUMMY SMOOTHIES

\$ 4.50

Very Berry Bang	Frozen Berries, Fruit Juice, Evia Yoghurt
Mango Tango	Frozen Mango, Fruit Juice, Evia Yoghurt

SNACK SHACK FRESH & TASTY TREATS MENU

In addition to our Pre-Order Lunch Menu, the following Tasty Treats are available to order with your lunch or to Purchase from the Counter at Recess and Lunch time.

FRESH FAVOURITES

Evia Yoghurt with optional Raspberry or Mango Coulis	\$2.00
Fresh Fruit Salad Tub - Small (Seasonal Fruit selection)	\$1.50
Fresh Fruit Salad Tub - Large (Seasonal Fruit Selection)	\$2.50
Cheese Slices with Crackers (Bags of 5)	\$1.50
Boiled egg	\$1.00
Cheese Slices	\$0.80

FROZEN FROSTIES

Evia Yoghurt with optional Raspberry or Mango Coulis	\$2.00
Fruit Tubes - 100% Juice Frozen in Icy Pole	\$1.00
Frozen Pineapple Rings	\$0.80



Tasty Treats

Anzac Biscuit (Homemade)	\$1.00
Choc Chip Muffin (Homemade)	\$2.00
Rice Crackers	\$0.80
Garlic & Herb Fingers (Single)	\$0.20
Garlic & Herb Fingers (Pack of 5)	\$1.00
Steamed Dim Sims (Beef & Veg) (snack Item only)	\$1.00
Popped Popcorn (snack item only)	\$1.00
Thirst Quenchers - 100% Fruit Juice - 250ml - Apple, Orange, Tropical or Milk	\$2.00